5th Annual Lantana Ranch

Turkey Trot 2016

November 24, 2016—Thanksgiving Day

Registration 8:00-8:30

Race Start: 8:30

@Carob Pl Neighborhood Park-map below

Come enjoy some Exercise, Donuts, Fruit, Milk,

& Socializing with your neighbors!

Cost: FREE thanks to our HOA. Optional food drive item for donation to United Food Bank*

The route (approx 5k) will be posted the day of the event and you'll guess how long it will take you to finish. Racers who finish closest to their pre-race guess are the winners so no timing devices allowed! Family, Friends, and Pets on leashes are welcome. No major streets will be crossed.

Winners will be from the following categories:

1 Bike; 1 Child; 1 Teen; 1 Adult; PLUS

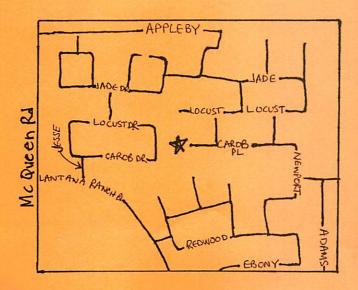
1 Burdick Award-in honor of the first runner across the finish line in

years 1-4; PLUS

2 Best dressed with Thanksgiving spirit

Winners each receive a dozen Kneaders rolls

Contact info: Maren Butcher 602-770-7629 ~ marenbutcher@gmail.com



Food Drive Most Needed Items

Canned fruits & vegetables

Instant potatoes

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Boxed stuffing

Canned or packaged dry gravy

Peanut butter

Canned meat

Cereal-whole grain, low sugar

Soup, stews, chili, beans

Milk-canned/dried

Rice & pasta

Please no perishable items, glass containers, baby food or opened food