

8th Annual Lantana Ranch

Turkey Trot 2019

November 28, 2019—Thanksgiving Day

Registration 8:00-8:30

Race Start: 8:30

@Carob Pl Neighborhood Park—map below

Exercise! Donuts! Fruit! Socializing!

What's not to LOVE?!

Cost: FREE! *Optional food drive donation*

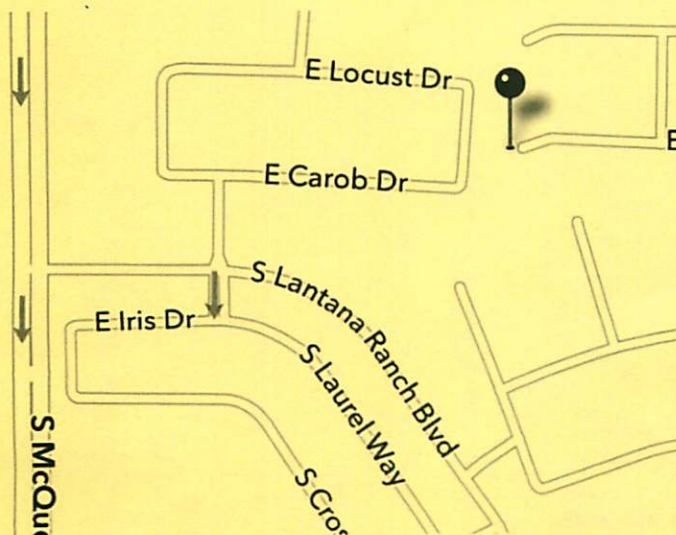
The ~5k route will be posted the day of the event. You guess how long it will take you to finish. No timing devices allowed because racers who finish closest to their pre-race guess are the winners! Family, Friends, and Pets on leashes are welcome. No major streets will be crossed. Food donations go to Chandler Christian Community Center.

Winners will be from the following categories:

2 Bikes or other wheels; 1 each walking/running Child/Teen/Adult;
plus 1 Award to the first runner to finish

Winners each receive a DOZEN Kneaders Rolls

Contact info: Theresa Bess 480-239-5595 ~ nursetheresa@gmail.com



Food Drive Needs

- | | |
|------------------|-----------------|
| Black olives | Pudding Mix |
| Brown sugar | Can grn beans |
| Butter | Canned milk |
| Cake Mixes | Chicken broth |
| Candied yams | Cooking oil |
| Canned corn | Flour |
| Pie shells | Mashed potatoes |
| Mayonnaise | Cranberry sauce |
| Gravy | Salt |
| Jam/Jelly | Pickles |
| Canned Pineapple | Stuffing |
| Canned Pumpkin | Sugar |